



[kmintzer@
brightbeginningskids.org](mailto:kmintzer@brightbeginningskids.org)
Office: (216) 236-0819

Karen Mintzer

Bright Beginnings - Director

1998 to present

M.S.S.A from Case Western Reserve University – Mandel
School of Applied Social Sciences, and
B.A. Degree from Michigan State University

Karen Mintzer is the director of Bright Beginnings (formerly Help Me Grow of Cuyahoga County). She has worked at Bright Beginnings for more than 20 years providing services to families with children birth to three years of age. Karen became the Director of Bright Beginnings on January 1, 2016. In that position, she oversees all aspects of Bright Beginnings services, and collaborates with others to promote high quality early intervention and home visiting services throughout the community.

Karen works to promote family centered services, ensuring that families with young children get the support they need to help their child get a great start in life. She also strongly supports partnerships with others in the community to address the tough issues that face our young families and have an impact on their lives.

Karen and her husband have two adult children who are both living and working in Cuyahoga County.

6393 Oak Tree Blvd., Suite 300
Independence, OH 44131
(216) 524-3000
Fax (216) 524-3683

www.escneo.org



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